

Baltimore County Public Schools - Office of Food and Nutrition Services

March 15 – March 26, 2021—School Menu

Menu is subject to change. Please read carefully and prepare each item according to proper instructions. This Institution is an Equal Opportunity Provider.

Monday, March 15, 2021	Tuesday, March 16, 2021	Thursday, March 18, 2021	Friday, March 19, 2021
Breakfast	Breakfast	Breakfast	Breakfast
Cinnamon Bun (G, S; 38 gms CHO) Apple Slices (8 gms CHO) White Milk ^^	Crunchmania (G, D, S; 37 gms CHO) Buddy Fruit (19 gms CHO) White Milk ^^	Banana Bread (G, E, S, D; 44 gms CHO) Juice * White Milk ^^	Honey Wheat Bun (G, S; 38 gms CHO), Juice * White Milk ^^
Lunch	Lunch	Lunch	Lunch
Beef & Cheese Taco Stick (G, D, S; 32 gms CHO), Salsa Cup (2 gms CHO) Mixed Fruit Cup (19 gm CHO), Chocolate Milk ^^	Pizza (G, S, D; 30 gms CHO), Cherry Tomatoes (5 gms CHO) Pineapple Cup (18 gms CHO) Chocolate Milk ^^	Bologna (Turkey) & Cheese Sandwich (G, D, S; 29 gms CHO) Baby Carrots (4 gms CHO) Mixed Fruit Cup (19 gms CHO) Chocolate Milk ^^	Corn Dog (G, D, S, E; 31 gms CHO) Sea Salt Chickpeas (11 gms CHO) Mixed Fruit Cup (19 gm CHO) Chocolate Milk ^^
Monday, March 22, 2021	Tuesday, March 23, 2021	Thursday, March 25, 2021	Friday, March 26, 2021
Breakfast	Breakfast	Breakfast	Breakfast
Breakfast Break ** White Milk ^^	Crunchmania (G, D, S 37 gm CHO) Buddy Fruit (19 gms CHO) White Milk ^^	Banana Bread (G, E, S, D; 44 gms CHO) Juice * White Milk ^^	Chocolate Chip Muffin (G, S, E, D; 49 gms CHO) Apple Slices (8 gms CHO) White Milk ^^
Lunch	Lunch	Lunch	Lunch
Chicken Drumstick (G; 5 gms CHO) Cornbread Muffin (G, D, S, E; 23 gm CHO), Gold Rush Juice (10 gms CHO) Applesauce Cup (14 gms CHO) Chocolate Milk ^^	Mozzarella Dippers (G, D, S; 32 gms CHO) Marinara Cup (10 gms CHO) Pear Cup (19 gms CHO) Chocolate Milk ^^	Bologna (Turkey) & Cheese Sandwich (G, D, S; 29 gms CHO) Baby Carrots (4 gms CHO) Mixed Fruit Cup (19 gms CHO) Chocolate Milk ^^	Chicken Tenders (G, S; 16 gms CHO) Cornbread Muffin (G, D, S, E; 23 gm CHO) Gold Rush Juice (10 gms CHO) Mixed Fruit Cup (19 gms CHO) Chocolate Milk ^^

Allergens: G (Gluten/Wheat) No nuts or fish. No pork; D (Dairy); S (Soy); E (Egg)

- > *Juice: Orange, (9 gm CHO), Apple, (14 gm CHO)
- > ^^Milk: White Milk (D; 11 gm CHO); Chocolate Milk (D; 20 gms CHO)
- > Breakfast Boat is Turkey sausage crumbles, egg and cheese on a whole grain bread. (G, D, S, E; 25 gms CHO),
- > ^Meal Break, Sun Butter and Jelly consists of: Sun Butter (7 gms CHO) Cheese Stick (D; gm CHO) Raisins (29 gms CHO), Vegetable Juice (16 gms CHO), Wheat Crackers (G, D; 19 gms CHO), Jelly (18 gms CHO)
- > ^Meal Break, Cheese, Beef Stick consists of: Cheese stick (D, 2 gms CHO), Beef Stick (0 CHO), Vegetable Juice (16 gms CHO) Applesauce (15 gms CHO) and Cheese-It crackers (G, S 14 gms CHO)
- > ***Anytimer, Ham and Cheese consists of: Ham (turkey) (No CHO), Crackers (W, S; 11 gms CHO), Choc Chip Chortles (W, E, D, S: 20 gms CHO), and Cheese (D, S; 2 gms CHO)
- > ***Anytimer, Turkey and Cheese consists of: Turkey, (1 gm CH) Crackers (S; 11 gms CHO), Choc Chip Chortles (W, E, D, S: 20 gms CHO), and Cheese (D, S; 2 gms CHO)
- > **Breakfast Breaks consists of: either Cheerios Cereal Bar (G, S; 30 gms CHO), apple juice, (15 gms CHO), grahams, cinnamon (G, E, D, S; 18 gms CHO) or Cinnamon Toast Cereal Bar (G, S; 30 gms CHO), pear juice, (15 gms CHO), animal crackers (G, E, S; 20 gms CHO) or Cinnamon Toast Cereal (G, S; 22 gms CHO), apple juice, (15 gms CHO), grahams, cinnamon (G, E, D, S; 18 gms CHO) or Golden Grahams Cereal (G 24 gms CHO), apple juice, (15 gms CHO), animal crackers (G, E, S; 20 gms CHO)