

Baltimore County Public Schools - Office of Food and Nutrition Services

March 1 – March 12, 2021—School Menu

Menu is subject to change. Please read carefully and prepare each item according to proper instructions. This Institution is an Equal Opportunity Provider.

Monday, March 1, 2021	Tuesday, March 2, 2021	Thursday, March 4, 2021	Friday, March 5, 2021
<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>
Breakfast Break** White Milk^^	Crunchmania (G, D, S; 37 gm CHO), Buddy Fruit (19 gm CHO), White Milk^^	Banana Bread (G, E, S, D; 44 gms CHO) Juice* White Milk^^	Oatmeal Chip Bar (G, E, D, S; 47 gms CHO) Juice* White Milk^^
<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>
Turkey and Cheese Anytimer*** Sea Salt Chickpeas (11 gms CHO) Peach Cup (18 gm CHO), Chocolate Milk^^	Pizza (G, S, D; 30 gms CHO), Gold Rush Juice (10 gms CHO) Pear Cup (19 gm CHO), Chocolate Milk^^	Bologna (Turkey) & Cheese Sandwich (G, D, S; 29 gms CHO) Baby Carrots (4 gms CHO) Mixed Fruit Cup (19 gm CHO), Chocolate Milk^^	Chicken Patty (G, S; 9 gms CHO) w/ Hamburger Bun (G, S; 15 gms CHO) Gold Rush Juice (10 gms CHO) Applesauce Cup (14 gms CHO), Chocolate Milk^^
Monday, March 8, 2021	Tuesday, March 9, 2021	Thursday, March 11, 2021	Friday, March 12, 2021
<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>
Breakfast Break** White Milk ^^	Crunchmania (G, D, S 37 gm CHO), Buddy Fruit (19 gm CHO) White Milk^^	Chocolate Chip Muffin (G, S, E, D; 49 gms CHO) Apple Slices (8 gms CHO), White Milk^^	Banana Bread (G, E, S, D; 44 gms CHO) Juice* White Milk^^
<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>
Meal Break Chocolate Milk^^	Ham & Cheese Ripper (G, D, S, E; 28 gms CHO) Marinara Cup (6 gm CHO), Pear Cup (19 gm CHO), Chocolate Milk^^	Hot Dog (1 gm CHO) on Roll (G, S; 15 gms CHO) Broccoli (2 gms CHO), Pear Cup (19 gm CHO), Chocolate Milk^^	Chicken Nuggets (G, S; 16 gms CHO) Baby Carrots (4 gms CHO) Mixed Fruit Cup (19 gm CHO), Chocolate Milk^^

Allergens: G (Gluten/Wheat) No nuts or fish. No pork; D (Dairy); S (Soy); E (Egg)

- > *Juice: Orange, (9 gm CHO), Apple, (14 gm CHO)
- > ^^Milk: White Milk (D; 11 gm CHO); Chocolate Milk (D; 20 gms CHO)
- > Breakfast Boat is Turkey sausage crumbles, egg and cheese on a whole grain bread. (G, D, S, E; 25 gms CHO),
- > ^Meal Break, Sun Butter and Jelly consists of: Sun Butter (7 gms CHO) Cheese Stick (D; gm CHO) Raisins (29 gms CHO), Vegetable Juice (16 gms CHO) Wheat Crackers (G, D, 19 gms CHO), Jelly (18 gms CHO)
- > ^Meal Break, Cheese, Beef Stick consists of: Cheese stick (D, 2 gm CHO), Beef Stick (0 CHO), Vegetable juice (16 gms CHO) Applesauce (15 gms CHO) and Cheese-It crackers (G, S 14 gms CHO)
- > ***Anytimer, Ham and Cheese consists of: Ham (turkey) (No CHO), Crackers (W, S; 11 gm CHO), Choc Chip Chortles (W, E, D, S; 20 gm CHO), and Cheese (D, S; 2gm CHO)
- > ***Anytimer, Turkey and Cheese consists of: Turkey, (1 gm CH) Crackers (, S; 11 gm CHO), Choc Chip Chortles (W, E, D, S; 20 gm CHO), and Cheese (D, S; 2gm CHO)
- > ***Breakfast Breaks consists of: either Cheerios Cereal Bar (G, S; 30 gm s CHO), apple juice, (15 gms CHO), grahams, cinnamon (G, E, D, S; 18 gms CHO) or Cinnamon Toast Cereal Bar (G, S; 30 gms CHO), pear juice, (15 gms CHO), animal crackers (G, E, S; 20 Gms CHO) or Cinnamon Toast Cereal (G, S; 22 gms CHO), apple juice, (15 gms CHO), grahams, cinnamon (G, E, D, S; 18 gms CHO) or Golden Grahams Cereal (G 24 gms CHO), apple juice, (15 gms CHO), animal crackers (G, E, S; 20 Gms CHO)