

Lutherville Lab Notes

October 8, 2017

Hello!

It was such a great time on Friday evening to join together at the Family Fall Funfest and Movie Night. Thank you so much to the PTSA and all the volunteers that committed time and energy to creating such a fun event.

As we focus on kindness, this month we are collecting canned food as part of the Kids Helping Kids anti-hunger campaign. Your child can bring in canned food items to donate.

All for the kids,
Matt Corner

Hands On, Minds On: A Community of Learners

There is so much happening in our world and our kids are exposed to different amounts of it unlike anything we experienced when we were children. Disasters can leave children and teens feeling frightened, confused and insecure. Kids' responses can be quite varied. It's important to not only recognize these reactions, but also help children cope with their emotions. When a child endures a traumatic experience, the whole family feels the impact. But adults hold the power to help lessen its effects. Several factors can change the course of kids' lives: feeling seen and heard by a caring adult, being patiently taught coping strategies and resilience-building techniques, and being with adults who know about the effects of such experiences. The videos and activities are designed for both children and caregivers to watch or use together, a two-generation approach meant to nurture relationships that can dramatically improve a child's chances of healing from traumatic experiences.

[A variety of resources for adults and for children – Sesame Street](#)

[Helping Children Cope – Ready.gov site](#)

[Coping with Scary News - Mister Rogers' Neighborhood](#)

This week

Field Trip: Kindergarten – Buster the Bus

Tuesday, October 10

Students will learn about bus safety through a presentation and then riding a school bus.

Writer's Workshop

Wednesday, October 11, 9:30-10:30

Thank you to Ms. Munsell and the PTA for sponsoring this event. Guest speakers will come to each classroom to discuss how they use writing in their jobs.

Fall Photo Day

Thursday, October 12

Information was sent home last week. If you did not receive it, you can also go the [Lifetouch Website](#) for information about ordering photos online and other options.

Spirit Day: Wear Pink for Breast Cancer Awareness Month

Friday, October 13

Breast cancer has impacted the lives of so many of us. We encourage everyone to wear pink this Friday for awareness.

Kids Helping Kids: Food and Funds Drive

October 2-27

Kids Helping Kids is an anti-hunger campaign. The food and funds collected are given to Maryland Food Bank, soup kitchens, food pantries, and emergency shelters. Children are encouraged to bring in canned food items throughout the month. More information will come from Mrs. Kiewe.

Planning Ahead

Field Trip: Grade 4 – Camp Puh'Tok

Monday, October 16

Students will learn about Native American traditions.

Central Area Education Advisory Council (CAEAC) Meeting – Topic: Budget Information

Wednesday, October 18, 7:00-9:00, Dumbarton Middle School

The CAEAC represents concerns of school families. This meeting will be an opportunity to speak about budgetary issues that would be shared with the school system. There will also be an open information session. All are invited to attend. You can email Aimee Freeman at contactcaeac@gmail.com.

Spirit Day: Mad Hatter Day

Thursday, October 19

Wear your craziest hat for fun.

Schools Closed: Teacher Professional Development

Friday, October 20

There will be no school to allow teachers to participate in professional development.

Field Trip: Kindergarten – Maryland Agricultural Center

Tuesday, October 24

Students will learn about farming and nature.

Earth Friendly Friday

Friday, October 27

Students and staff will take time to care for their adopted area of our school campus.

Half Day – End of First Quarter

Friday, November 3

All elementary and middle schools will dismiss three (3) hours early to allow teachers time to work on report cards. Lutherville will begin dismissal at 12:45.

General Information

SUPER SATURDAY – FREE FLU SHOT VACCINATIONS

Saturday, October 21, 9:00-12:00,

The Baltimore County Department of Health and Human Services will host its annual Super Saturday flu vaccinations clinics to the public at the following locations: Drumcastle Government Center, Dundalk Middle School, Hereford Middle School, Lansdowne Middle School, Liberty Family Resource Center, Middle River Middle School, and Pikesville Middle School. Everyone six months and older is encouraged to get a free flu shot (injectable only) during this one-day clinic.

The vaccines will be administered on a first-come, first-served basis, while supplies last. No appointment is needed. More information about the vaccinations can be found at [The Baltimore County Department of Health and Human Services Web site](#).

Flu shots are also available at numerous private pharmacies (e.g., CVS, Target, Giant, Rite Aid, etc.) at no cost to employees who are covered by the CIGNA health insurance plan. Employees covered by Kaiser Permanente may go to any Kaiser center for the flu shot at no cost.

Volunteer Information

Volunteer training must be completed annually. Did you know you can [complete the training online](#) and print out your certificate of completion? You can go to this link to complete the process online: [BCPS Volunteer Training](#).

BCPS One – What is it? How do children and families use it?

Here is a FAQ page to help: [BCPS One Support](#)

Parent University – free and low cost workshops

The BCPS Parent University offers in-person workshops throughout the community as well as online resources and videos to meet the unique needs of all families. Through the home page you can find a list of current workshops available: [Parent University home page](#).

PTA Information

Box Tops – we are collecting!

You can send in your Box Tops to the front office. We will collect and submit them. Thanks!

[PTA website](#)

Facebook: [Lutherville PTA](#)

Email: LuthervilleLabPTA@gmail.com

Upcoming Events: Writer's Workshop, Famous Artist, Chipotle Family Night, and more!

Do you shop on Amazon?

Go to [Amazon Smile](#) and choose to support Lutherville Lab PTA, the PTA will receive a donation from Amazon. This does not change your shopping experience in any way.

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