



# Overview of Restorative Practices

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# Learning Outcomes

## I Can:

- 1) Describe the *rationale* and *philosophy* for Restorative Practices in schools
- 2) Identify a *continuum of restorative practices* used to strengthen relationships and address conflict





# Welcoming Ritual

## Opening Circle

1. Think of a time when you were sitting or standing in a circle with others.
2. Use the talking piece to go around the room and say **1 or 2 words** about **how it felt or what you think was important about the experience.**





# Our Agreements/Norms

- Be Present
- Stay Engaged
- Keep an Open Mind
- Listen and Share Respectfully





# What are Restorative Practices (RP)?

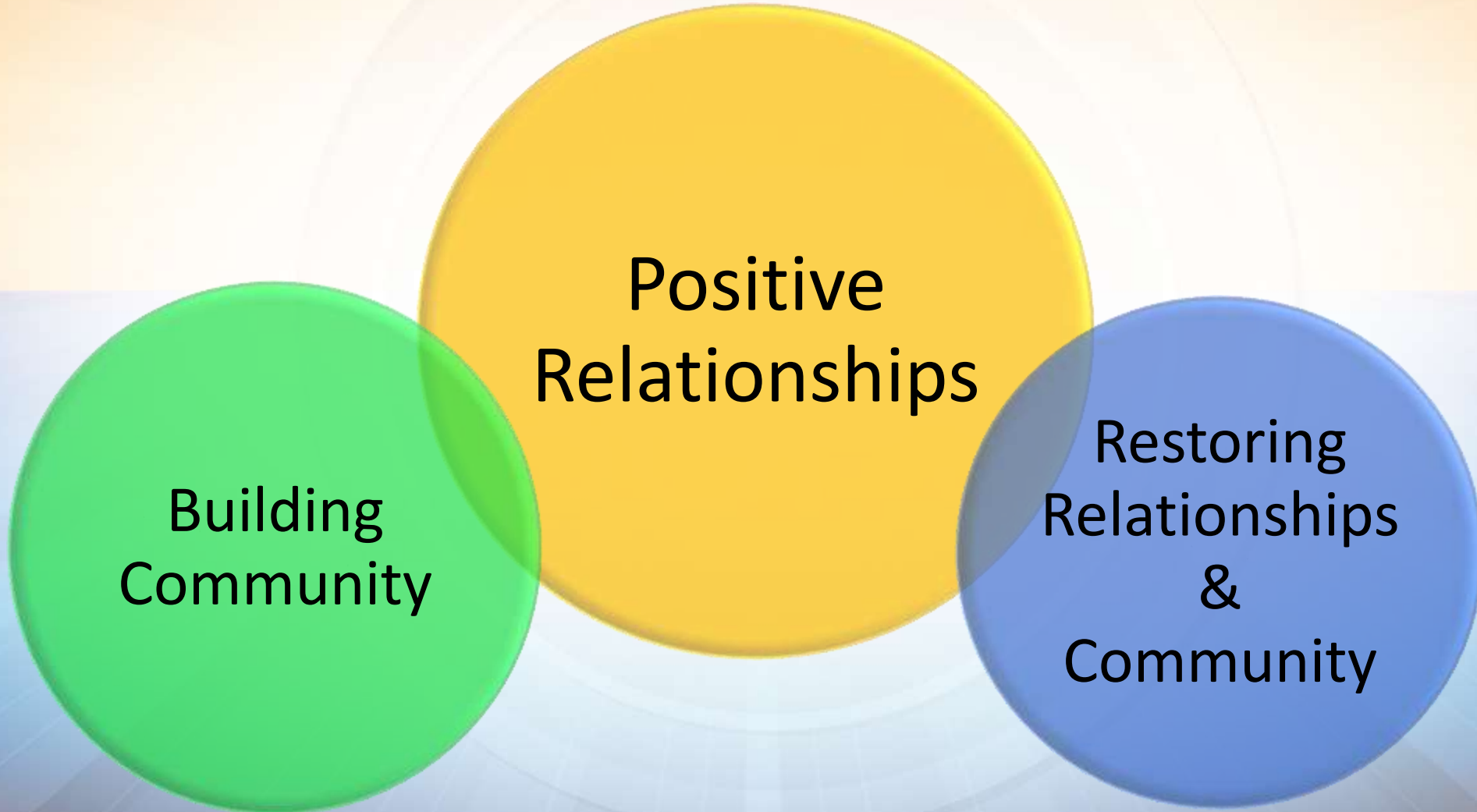
Restorative Practices is an approach to ***build community*** and to ***respond to challenging behavior*** through authentic dialogue, coming to understanding, and making things right.

*Source: IIRP*



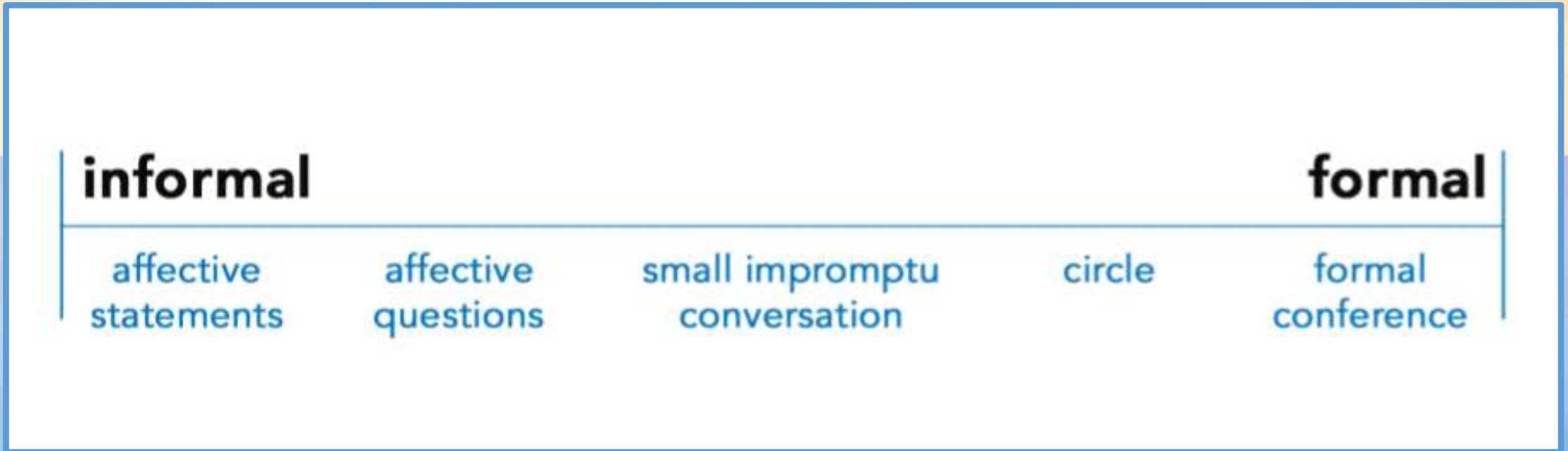


# Central to RP: Positive Relationships



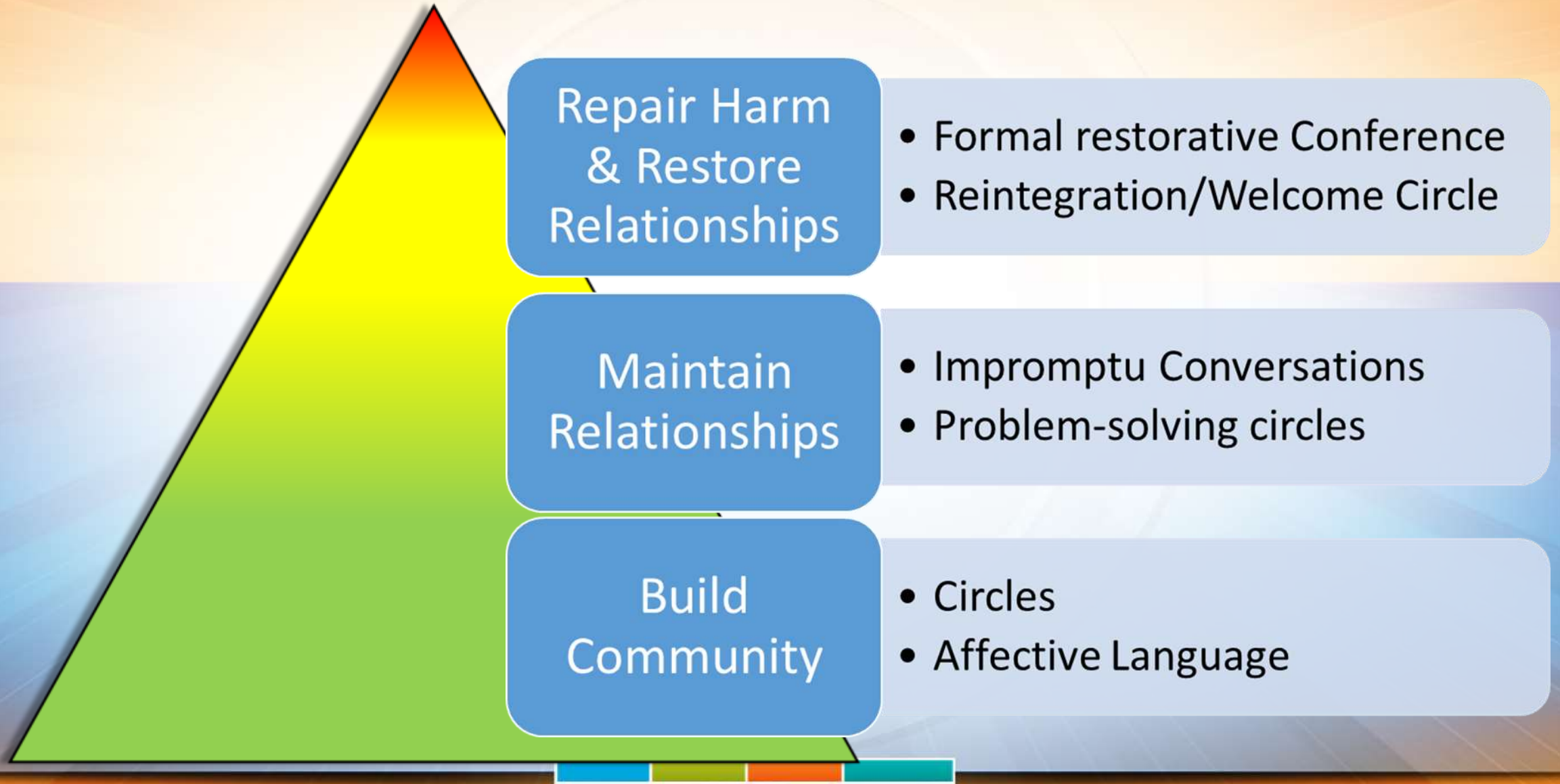


# Restorative Practices Continuum





# A Multi-Tiered Approach







# Affective Statements

- Brief statements about the **impact** of another person's behavior (positive or negative)
- Usually in form of “**I statements**”
- Verbalize how you feel in relation to the behavior
- Provide feedback, set boundaries, and **teach empathy**
- **FOCUS ON THE BEHAVIOR** (remove the “deed from the doer”)

“I am frustrated...”

“It makes me uncomfortable...”

“I feel sad when...”

“I feel happy when...”

“I'm so proud of you...”



# Making Affective Statements

\*These steps can be interchangeable

Step 1: Identify the behavior

Step 2: State how the behavior affects you or others



*“When your head is on your desk,  
\_\_\_\_\_.”*

*\_\_\_\_\_ I feel worried because you usually participate in our discussions.*

**\*\*Noticing language** is an example of affective language

**“When you walk in the hallway, that is keeping everyone safe.”**





# Affective Statements Activity

Change into an *affective statement*:

1. Think before you act.
2. Great job on your test!
3. Stop pushing your brother.





# Restorative Practices Questions Cards

## Restorative Questions, Side Two

- Think about a time in your life when you were harmed.
- What did you think when you realized what had happened?
- What impact has this incident had on you and others?
- What has been the hardest thing for you?
- What do you think needs to happen to make things right?





# Restorative Practices Questions Cards

## Restorative Questions, Side One

- Think about a time in your life when you harmed someone.
- What happened?
- What were you thinking of at the time?
- What have you thought about since?
- Who has been affected by what you have done?
- What do you think you need to do to make things right?



# Social Emotional Learning

Competency	Restorative Practices (Examples)
<b>Self-Awareness</b>	Affective Statement "I feel upset when you do not call me by my name."
<b>Self-Management</b>	Affective Statement "When you come home late, I am worried about your safety."
<b>Social Awareness</b>	Restorative Conversation/Questions "How do you think your actions impacted others?"
<b>Relationship Skills</b>	Community-Building Circle "What is your favorite season?"
<b>Responsible Decision-Making</b>	Restorative Questions "What will you do to make things right?"



# Questions/Discussion





# Restorative Practices in Action

[Video - Schools Resolve Conflicts by  
Getting Kids to Talk Things Out](#)